

**SHOFCO Trip Report**  
**October 11, 2016**  
**Focusing Philanthropy Team: Elliott Gilson & Jason Windebank**

SHOFCO Staff:

Patrick Ngururi – Programs & Operation Director, and other SHOFCO program staffs in Mathare and Kibera

Mathare Programs emphasized: Medical Clinic/Girls' School & New Clinic Site

Kibera Programs emphasized: 3 Satellite Clinics (Kianda, Silanga, Maranada), New Girls' School Site, SafeHouse

**Overall Impressions:**

The Mathare site was operating at a greater level than when last visited by FP in June/July 2015. We were able to see the cleared land next to the current building where the new clinic will be constructed. They are currently adding and growing the usual SHOFCO programs at an impressive rate. We believe that space is the biggest factor in their rate of expansion. However, they are using Community outreach and health workers to expand their operations, even while space is constrained. Their door-to-door tactic of program delivery seems to be positively spreading the work and message of SHOFCO. Kennedy's equivalent in Mathare seems to have the same clout and respect that Kennedy commands in Kibera.

The construction of the new Kibera School for Girls is progressing steadily. They are slightly behind schedule, but the foreman insists that the school will be completed on time with the girls in the classrooms by March at the latest. We found that many of SHOFCO's initiatives and programs have been furthered greatly, most notably the operating water filtration system and Urban Network.

The 4 operating Kibera satellite clinics are seeing ~240-260 patients per day collectively.

The 2 satellite clinics sponsored by FP's campaign are already constructed and have opened, all be it a soft opening, with additional equipment being installed as delivered.

**Mathare:**

Clinic – almost up to the same level of services provided in Kibera. Will have all the same capabilities as the Kibera clinic once construction on new clinic site is completed.

- Up and operating for just over 1 year
- 250 Patients per day
  - Only services not available are biochemistry diagnostics, TB testing machine and HIV/AIDS Anti-RV drugs
- Child Wellness Program
  - Serves newborns to 18 months
    - Full set of immunizations
    - Growth monitoring
    - Supplements and deworming
- Family Planning

- Counseling
- IUCD and implants given for birth control
- Frequent condom distributions
  - Peer youth to reduce embarrassment
    - YPP (Youth Peer Providers)
      - Program 1 month old
      - Door to door advocacy
- HIV
  - Readily available screening due to low cost of tests
    - High risk/ exposure individuals
      - IV drug users
      - Sex workers
      - Victims of abuse
      - Infidelity

#### Gender Department (rape prevention; rape response & prosecution)

- Case workers and counselors
  - Services provided
    - Counseling
    - Remediation and help during court case
      - Guidance through system where corruption and plaintiff confusion are otherwise too frequent
      - SHOFCO hires own lawyers
      - Checks and balances against legal system and police
        - Great relationship with top brass in police department
      - Reputation precedes them – offenders are on the run
    - Door to door operation
      - Present in all 21 villages in Mathare

#### Economic Empowerment Program

- Economic Mobility Program
  - 151 youths enrolled/participating
  - Vocational Training
    - Tailoring program witnessed
    - Soap-making and other activities
- Group Savings and Loan Program
  - 1406 members
  - 3,609,104 Shillings (\$3,609) saved since Jan '16
    - Rotating loan system
      - Sh10K or up per loan
    - High and quick repayment rate
    - Total amount to be divided at end of year

#### Mathare Girls School

2015 – 83 Students (launched with TK and K)

2016 – 121 Students (Grade 1 added)

2017 - ~160 Students

- 40 new girls to be enrolled at TK level - 2 classes
  - 350-400 applied

Computer Lab – Internet connectivity exists, however a bit slow

- Computer training
  - Excel, Word, etc., even Photoshop

Water and Sanitation

- WASH officer to come from Kibera
  - Will be spread too thin, but will help start the implementation
  - Program will be heavy on education
  - Borehole planned to be dug next year

## **Kibera:**

Visited 3 Satellite Clinics, (in order visited):

Kianda Clinic

- 2<sup>nd</sup> built and second largest
- ~130-150 patients per day
  - Today – 190 people seen – Child Welfare Program
  - Tomorrow – expecting 170-180 – Prenatal/pregnancy program
- Electricity problematic throughout Kibera
  - Big machines (ie. biochem, oven, TB) cannot operate consistently
  - For this reason, most are able to perform tests, but samples cannot be processed on site
    - 250 tests taken per day
    - Samples sent to main clinic, usually by motorbike

Silanga Clinic

- 3<sup>rd</sup> built
- FP sponsored clinic
  - Visited during 4<sup>th</sup> day of “soft opening”
    - Patients seen: Day 1 – 50, Day 2 – 43, Day 3 – 43, Day 4 – 38
- By far the tallest, nicest looking building in the area
- Construction complete and almost fully operational and stocked with medical supplies
  - Will have all medical equipment shortly
    - Biochem, TB, etc. cannot be conducted as of date seen
  - Only issue is the unreliable electricity
    - Looking into solutions: generator, solar, etc.
- Official Opening following completion of fitting out equipment and satisfactory operating experience in soft launch phase

Maranada Clinic

- 1<sup>st</sup> built
- Seeing 60 patients/day

- By far the smallest
  - 3 rooms
  - No electricity
  - No lab

#### New Kibera School for Girls construction

- Revised forecast completion date is February 2017 with girls in class by March
  - Classes currently being conducted in old building and temporary structure next door
    - K-5 grades in the soon to be old campus.
    - 6-8 grades in temporary structures

#### Water Filtration System

- Pumps on and fully operational
  - Central water taps (from which people receive water) moved due to construction of new school building
- Plans to pump water to highest point in Kibera then have a gravity-fed system linking to 6 already constructed water towers
  - Operational in 6-7 months
  - 45k people will have access to clean water
  - Plans to have water flowing to a total of 11 tanks throughout Kibera

#### SHOFCO Urban Network Program

- Grassroots “power to the people” movement
- 20k members so far
  - Each contributes Sh100 per month
    - Funds used as insurance when a member of one’s family dies
    - Sh50,000 used for cost of coffin and transportation of body to ancestral village for burial
    - Life expectancy in Kibera estimated at 54, though other estimates as low as 36
- Preaching peace during upcoming elections
  - Uniting Kibera through democratically selected leaders to give the people of Kibera a voice
- Monthly Volleyball Tournament

#### Girls Safe House

- Located directly next to Kibera, ~15 min walk from school
  - In “upper middle class” Kibera neighborhood
    - Security gate and checkpoint at entrance of neighborhood with a second gate at entrance to house and yard
- 13 girls reside there currently with 2 house moms rotating duties
  - They all currently get along and feel safe while completing school with top marks!



Vacant lot ready for the start of construction for Mathare's new main clinic!



Registration at Mathare's clinic. They are seeing up to 250 patients per day.



Patients waiting to be seen by doctor for hypertension and diabetes treatment.



Youth Peer Providers who do community outreach and sexual education in the most dangerous parts of the Mathare slum.



New computer lab. 20 computers and have 4 lessons per day. Ability to teach computer skills to up to 80 people a day.



Women selling fruit right next to SHOFKO in Mathare



On the way to the first satellite clinic in Kibera



Cute kids who love foreign visitors, usually mzungus (white people)



Kianda Satellite clinic. The second clinic to be built and sees ~150 patients per day.



USAID supplies being deliver to SHOFCO Kibera



Silanga Satellite Clinic. By far the best-looking and tallest building in the area. Currently in soft launch phase with full opening date TBD.



Pharmacist in Silanga Satellite Clinic



Patients waiting in the new Silanga Clinic. Seeing around 40-50 patients per day during the “soft” opening.



Long view of SHOFCO's new girls school campus.



Kibera School for Girls (KSG) under construction.



View from the top of the KSG. Foundations of 4th floor are currently being laid.



Panoramic shot from KSG.



Up and running state of the art water filtration system. The system will soon supply water to over 45,000 people in Kibera.



Inside the Girls Safe House. 13 girls and 2 house mothers live here. They are protected by a two gates, the first manned by a security guard at all times.



The girls were very studious yet outgoing and welcoming during our visit.